providing a first toneable conduit comprising an elongate polymeric tube having a wall with an interior surface, an exterior surface, and a predetermined wall thickness; a channel extending longitudinally within the wall of the elongate polymeric tube; and a stabilizing rib extending longitudinally along the interior surface of the wall of the elongate polymeric tube and located radially inward from said channel; and a continuous, high elongation wire coincident with the channel in the elongate polymeric tube, said wire coated with a coating composition that prevents the wire from adhering to the polymer melt used to form the polymeric tube;

providing a second toneable conduit comprising an elongate polymeric tube having a wall with an interior surface, an exterior surface, and a predetermined wall thickness; a channel extending longitudinally within the wall of the elongate polymeric tube; and a stabilizing rib extending longitudinally along the interior surface of the wall of the elongate polymeric tube and located radially inward from said channel; and a continuous, high elongation wire coincident with the channel in the elongate polymeric tube, said wire coated with a coating composition that prevents the wire from adhering to the polymer melt used to form the polymeric tube;

tearing the high elongation wire of the first toneable conduit through the exterior surface of the first toneable conduit;

tearing the high elongation wire of the second toneable conduit through the exterior surface of the second toneable conduit;

mechanically connecting the first conduit and the second conduit; and

electrically connecting the high elongation wire from the first toneable conduit and the high elongation wire from the second toneable conduit.

34. (Amended) The method according to Claim 30, said providing steps comprising providing a first toneable conduit and a second toneable conduit wherein the elongate polymeric tube of the first toneable conduit and the second toneable conduit is formed of high density polyethylene.